

The Liberty Medicare Advantage Medication Therapy Management Program

As a Liberty Medicare Advantage drug plan member, you may have complex health needs and may be able to benefit by participating in a Medication Therapy Management (MTM) program*. MTM is a voluntary and free service available for Liberty Medicare Advantage (HMO I-SNP) members. A team of pharmacists and doctors developed this program for us to help make sure that our members get the most benefit from the drugs they take.

To participate in this program, you must meet certain criteria. These criteria are defined by CMS and is used to identify people who are at-risk and who have multiple chronic diseases such as diabetes, COPD, Congestive Heart Failure, hypertension, and Alzheimer's Disease and other chronic diseases and are at risk for medication-related issues. If you would like to participate in this program, and you meet these criteria, we will send you more information regarding the program and how you can become enrolled. Your enrollment does not affect Medicare coverage for drugs covered under your Liberty Medicare Advantage plan.

*This program is a requirement of the Centers for Medicare and Medicaid Services (CMS) and is not considered a benefit.

To qualify for the MTM program, you must meet ALL of the following criteria:

1. Have at least 3 of the following conditions or diseases:

- Alzheimer's Disease
- Diabetes
- Dyslipidemia
- Hypertension
- Mental Health-Depression

- Respiratory Disease-Asthma
- Respiratory Disease-Chronic Obstructive Pulmonary disease (COPD)

2. Take at least 8 covered Part D medications

3. Are likely to have medication costs of covered Part D medications greater than \$4,376 in 2023 (or \$5,330 in 2024) per year.

To assist you in reducing the risk of possible medication problems, the MTM program offers two types of clinical review of your medications:

- **Targeted medication review:** On at least a quarterly basis we will review all your prescription medications and contact you either in person, by phone, or by mail, and/or your doctor if we identify a potential issue we can assist you with.
- **Comprehensive medication review:** On at least an annual basis Liberty will perform a comprehensive medication review for each member that has chosen to participate in the program. After each review we will deliver days to you within 14 days an individualized written summary including a medication action plan and a personal medication list either by mail, fax, Email, In-Person, or by text message. The summary includes:
 - Recommended To-Do List (TDL): The list has steps you should take to help you get the best results from your medications.
 - Medication List (PML): The medication list will help you keep track of your medications and how to use them the right way

To obtain a blank copy of the Personal Medication List (PML) that can help you and your health care providers keep track of the medications you are taking, click here *{link to blank PML provided by plan sponsor}*.

If you take numerous medications for more than one chronic health condition contact your drug plan to see if you're eligible for MTM, or for more information you can call the Navitus Medication Therapy Management (MTM) program team at 1-888-913-7885, Monday through Thursday 8 a.m. to 7 p.m. Central Time and on Friday 8 a.m. to 5 p.m. Central Time. TTY users can reach our program team through the National Relay Service 711, during the same hours as shown above.

As part of this program we would also provide information on the safe disposal of controlled substance prescription drugs.